

Chapter 4: Translation

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Introduction to Proteins

- When it comes to getting the real work of the cell done, the bureaucrats, DNA and RNA, are not much help. All the same, somebody has to get their hands dirty.
- Proteins are biological polymers that carry out most of the cell's day-to-day functions.
- Some proteins are merely structural or take part in cell movement, others help take up nutrients, others generate energy and yet others carry out biochemical reactions, including the synthesis of nucleotides and their assembly into nucleic acids.











Molecules whose primary role is to carry information (nucleic acids like DNA and messenger RNA) are basically linear molecules with a regular repeating structure.

Molecules that form cellular structures or have active roles carrying out reactions are normally folded into three-dimensional (3-D) structures. These include both proteins and certain specialized RNA molecules (rRNA and tRNA).

Proteins are made from a linear chain of monomers, and are folded into a variety of complex 3-D shapes. A chain of amino acids is called a polypeptide. Some proteins consist of more than one polypeptide chain.

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Role of Proteins in the Cell

We can subdivide proteins into four main categories:

Structural protein

Enzyme

Regulatory protein
 Discussed in previous chapters

i. Structural proteins

Structural proteins are found making up many subcellular structures. The flagella with which bacteria swim around, the microtubules used to control traffic inside cells of higher organisms, the fibers inside a muscle cell, and the outer coats of viruses are a few examples of structures built using proteins.



ii. Enzymes

Enzymes are proteins that carry out chemical reactions. An enzyme first binds another molecule, known as its substrate, and then performs some chemical operations with it.

Some enzymes bind only a single substrate molecule; others may bind two or more, and react them together to make the final product.

In any case, the enzyme needs an **active site**, a **pocket** or **cleft** in the protein, where the substrate binds and the reaction occurs.





- The active site is produced by folding up the polypeptide chain correctly so that amino acid residues that were spread out at great distances in the linear chain now come together and will co-operate in the enzyme reaction.
- The most famous enzyme in molecular biology is β-galactosidase encoded by the lac Z gene of the bacterium Escherichia coli.







Analog of lactose



- This is so easy to assay that it is widely used in genetic analysis. The natural substrate of βgalactosidase is the sugar lactose, made by linking together the two simple sugars, glucose and galactose.
- Analogs are molecules resembling natural substances well enough to fool the enzymes that use them. Some analogs bind but not react and simply block the active site and inhibit the enzyme. Such analogs are known as competitive inhibitors compete with the true substrate for the attention of the enzyme.





ONPG as lactose analog

- Other analogs do react. β-galactosidase splits many molecules in which galactose is linked to something else. We can take advantage of this by giving it ONPG which consists of ortho-nitrophenol linked to galactose.
- When ONPG is split, we get galactose (colourless) and ortho-nitrophenol which is bright yellow. Using ONPG allows us to monitor the level of βgalactosidase by measuring the level of yellow colour.



X-gal is also split by β -galactosidase

Similarly X-gal is split by β-galactosidase into a blue dye and galactose.







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Regulatory Proteins and Transport Proteins

Although regulatory proteins and transport proteins are not enzymes, they also bind other molecules and so they also need "active sites" to accommodate these.

iii. Regulatory proteins

Regulatory proteins vary enormously. Many of them can bind both small signal molecules and DNA. The presence or absence of the signal molecule determines whether or not the gene is switched on.

iv. Transport proteins

Transport proteins are found mostly in biological membranes, where they carry material from one side to the other. ocw.utm.my



- Strictly speaking, prosthetic groups are fixed to the protein, whereas cofactors are free to wander around from protein to protein. However, the terms are often used loosely. A protein without its prosthetic group is referred to as an **apoprotein**.
- Nutrients, such as sugars, must be transported into cells of all organisms, whereas waste products are deported. Multicellular organisms also have transport proteins to carry materials around the body, such as hemoglobin which carries oxygen in blood.





- To function properly many proteins need extra components, cofactors or prosthetic groups, which are not themselves proteins. Many proteins use single metal atoms as cofactors, others need more complex molecules.
- For example, oxygen carrier proteins such as hemoglobin have a ring-shaped cofactor with a central iron atom, called heme. The heme is bound in the active site of the apoprotein, in this case globin, and so we get hemoglobin.





- Oxygen binds to the iron atom at the center of the heme and the hemoglobin carries it around the body.
- Prosthetic groups are often shared by more than one protein, for example, heme is shared by hemoglobin and by myoglobin which receives oxygen and distributes it inside muscle cells.







How Are Proteins Constructed?

The monomer or subunit of a protein is known as an **amino acid**. There are **20 different amino acids** used in making proteins. They all have **central carbon atom**, **the alpha carbon**, surrounded by the four features.

Formation of Polypeptide Chains

Amino acids are joined together by peptide bonds to give a linear polymer called a polypeptide chain.





- The first amino acid in the chain retains its free amino (NH₂) group and this end is often called the amino or N-terminus of the polypeptide chain.
- The last amino acid to be added is left with a free carboxyl (COOH) group and this end is often called the carboxyl or C-terminus. The different side chains of the successive amino acids are labeled RI, R2, R3, etc.



R=side chain





The following is an example of the **formation of peptide bond** between two peptides glycine and alanine. Notice how the bonds are constructed.



Three Dimensional Structures



- To make a complete protein we must next fold the polypeptide chain into the correct 3-D structure. Furthermore, a complete protein may have more than one polypeptide chain.
- Finally, many proteins have associated cofactors that are not made of amino acids. The structures of biological polymers, both protein and nucleic acid, are often divided into levels of organization.
- The first level or primary structure is the order of the monomers – i.e., the sequence of the amino acids for a protein, or of the nucleotides in the case of DNA or RNA.



Two Dimensional Structures

- Secondary structure: the folding or coiling of the original polymer chains by means of hydrogen bonding.
- In DNA, hydrogen bonding between base pairs forms Watson and Crick's double helix. In proteins there is instead hydrogen bonding between peptide groups.
- In protein here are two alternative secondary structures: the α-(alpha) helix and the β-(beta) sheet.





In the α-helix, a single polypeptide chain is coiled to make the α-helix and the hydrogen bonds run vertically up and down the helix-axis, not sideways across the helix.

Actually, the hydrogen bonds in an α-helix are not quite vertical. They are slightly tilted relative to the helix axis because there are about 5.6 amino acids per turn rather than a whole number.





- The β-sheet also has hydrogen bonding between peptide groups but in this case the polypeptide chain is folded back on itself to give a flattish structure.
- The hydrogen bonds do go sideways in the βsheet. From each peptide group, one hydrogen bond goes to one side and a second to the other side.
- The next level is the tertiary structure. In a nucleic acid this would be supercoiling. In a protein we fold the polypeptide chain, with its preformed regions of α-helix and β-sheet, to give the final 3-D structure.



This level of folding depends on the side chains of the individual amino acids. Since there are 20 different amino acids, a whole variety of final 3-D conformations are possible.

- Nonetheless, most proteins are roughly spherical. This 3-D folding is largely the result of two factors acting in concert.
- Many of the amino acids have side chains (R-groups) which are very water soluble (hydrophilic).
- These side chains prefer to be on the surface of the protein so they can dissolve in the water surrounding the protein.
- In contrast, another set of side chains are water repellent (hydrophobic) and huddle together inside the protein away from the water. Since hydrophobic molecules are greasy and insoluble, this arrangement is known as the oil drop model of protein structure.



Quaternary Structure of Proteins



- This is the assembly of several individual polypeptide chains to give the final structure.
- Not all proteins have more than one polypeptide chain some just have one so they have no quarternary structure.
- In those having more than one polypeptide chain, the same hydrophilic and hydrophobic forces responsible for tertiary structure are involved.
- To stick two polypeptide chains together the original chains are designed slightly different.





Some of the hydrophobic side chains are left as a cluster exposed to the water at the protein surface.

This is an unstable arrangement and then two polypeptide chains with exposed hydrophobic patches come into contact with each other, they stick together, rather like velcro.

Twenty Different Amino Acids



- Unlike nucleic acids that have only four different bases, there are 20 different amino acids in proteins. This allows for a great variety of 3-D structure and of chemical reactivity.
- The 20 amino acids may be represented by both three letter and one letter abbreviations.
- The latter are used when writing out protein sequences.
- Most are obvious, but since some letters of the alphabet have several amino acids, the others need a little imagination.



- Each protein is made using the genetic information stored on the chromosomes. The genetic information is transmitted in two stages.
- First the information in the DNA is transcribed into messenger RNA.
- The next step uses the information carried by the mRNA to give the sequence of amino acids making up a polypeptide chain.





- This involves converting the nucleic acid "language" the genetic code, to protein "language" and is therefore known as TRANSLATION.
- An early rule of molecular biology stated that there is only one gene for each protein. Although exceptions have been found, it is still usually true that each gene in the DNA gives rise to a single protein.

The Central Dogma

Replication



The overall flow of information in biological cells is known as CENTRAL DOGMA

of molecular biology was first formulated by Sir Francis Crick.



Decoding the Genetic Code



- There are 20 amino acids in proteins but only four different bases in the messenger RNA. So we cannot simply use one base of a nucleic acid code for a single amino acid when making a protein.
- During translation, the bases of mRNA are read off in groups of three, which are known as codon represents a particular amino acid.
- Since there are four different bases, there are 64 possible groups of three bases (4³), that is, 64 different codons in the genetic code.
- However, there are only 20 different amino acids making up proteins, so some amino acids are encoded by more than one codon.



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CODON TABLE (Genetic Code)

2nd base

1 st base	U	С	Α	G	3 rd base
U	UUU Phe	UCU Ser	UAU Tyr	UGU Cys	U
	UUC Phe	UCC Ser	UAC Tyr	UGC Cys	C
	UUA Leu	UCA Ser	UAA STOP	UGA STOP	A
	UUG Leu	UCG Ser	UAG STOP	UGG Trp	G
С	CUU Leu	CCU Pro	CAU His	CGU Arg	U
	CUC Leu	CCC Pro	CAC His	CGC Arg	C
	CUA Leu	CCA Pro	CAA GIn	CGA Arg	A
	CUG Leu	CCG Pro	CAG GIn	CGG Arg	G
A	AUU IIe	ACU Thr	AAU Asn	AGU Ser	U
	AUC IIe	ACC Thr	AAC Asn	AGC Ser	C
	AUA IIe	ACA Thr	AAA Lys	AGA Arg	A
	AUG MET	ACG Thr	AAG Lys	AGG Arg	G
G	GUU Val	GCU Ala	GAU Asp	GGU Gly	U
	GUC Val	GCC Ala	GAC Asp	GGC Gly	C
	GUA Val	GCA Ala	GAA Glu	GGA Gly	A
	GUG Val	GCG Ala	GAG Glu	GGG Gly	G

Ribosome - The Cell's Decoding Machine

- The decoding process is carried out by a submicroscopic machine called a ribosome that binds messenger RNA and translates it, so synthesizing a polypeptide chain. Here we'll talk about protein synthesis in bacteria. (The details of protein synthesis differ between bacteria and higher organisms).
- The ribosome consists of two subunits, large (50S) and small (30S) can be pictured as a snowman.
- After binding to the mRNA, the ribosome moves along it, adding a few amino acids to the growing polypeptide chain each time it reads a codon from the message.

How Many tRNA Molecules are There?

To read the codon, we need a set of adapter molecules that recognize the codon on the mRNA at one end and carry the corresponding amino acid attached to their other end. These adapters are a third type of RNA, transfer RNA or tRNA.

Each transfer RNA carries only a single amino acid so we need at least 20 different tRNAs because there are 20 different amino acids. On the other and, there are 4 codons to be recognized as some amino acids have more than one codon.

In practice, we have a sloppy compromise and the number of different tRNA molecules is somewhere between 20 and 64. Some tRNAs can read more than one codon, though, of course, these must all code for the same amino acid.




- At one end, the tRNA has an anticodon consisting of three bases that are complementary to the three bases of the codon on the messenger RNA.
 - The codon and anticodon recognize each other by base pairing and are held together by hydrogen bonds. At its other end, each tRNA carries the amino acid corresponding to the codon it recognizes.





Since only complementary bases can pair, how does a tRNA with one anticodon read more than one codon? Easy - it cheats! The rules or dishonesty in base pairing are known as the wobble rules. The first base of the tRNA anticodon can wobble around a little because it is not squeezed between other bases in a helix structure.

For example, if the first anticodon base is G it can pair with C, as usual, or, in wobble mode, with U. Therefore tRNA for histidine, with GUG as anticodon, can recognize both the CAC and CAU codons.

Whenever an amino acid is encoded by a pair of codons, the third codon bases are U and C (e.g., histidine, tyrosine) or A and G (e.g., lysine, glutamic acid), but never other combinations.





- Similarly, those privileged amino acids with four or six codons may be regarded as having two or three such pairs. As originally transcribed RNA contains only the four bases A, U, G and C.
- However, some RNA molecules contain bases that are altered chemically after the RNA has been made.
- This is especially true for tRNA. In fact the anticodon itself may contain the weird base I for Inosine, which is occasionally used as the first anticodon base because it can pair with any of U, C or A.





The Wobble Theory

Pairs with: Third Base of Codon

First Base of Anticodon		
	normal	by wobble
G	С	Or U
U	Α	Or G
Ι	-	C or A or U
С	G only	no wobble
Α	U only	no wobble

First Dates of





"Wobble" codon base (3') pairs with (5`) - I of anticodon



[3 Ala codons read by only one tRNA anticodon]



How Does the tRNA get its Amino Acid?

- For each tRNA, there is a special enzyme that recognizes both the tRNA and the corresponding amino acid.
- The enzymes, known as aminoacyl tRNA synthetase attach the amino acid to the tRNA.
- This is called charging the tRNA. Empty tRNA is known as uncharged tRNA, while tRNA with its amino acid is charged tRNA.

Charging of tRNA

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Structure of Transfer RNA

- A typical RNA has four short base-paired stems and three loops. This is the cloverleaf structure intended to reveal details of base-pairing, and shows the tRNA spreads out. The amino acid is bound at the free end of the acceptor stem.
- The anticodon is at the opposite end in the anticodon loop. The other two loops of tRNA are named after modified bases. The T_ΨC loop contains "ψ" (spelt "psi" it pronounced "sigh") which stands for pseudouracil and the D-loop has "D" for dihydrouracil.



Structure of Transfer RNA

- These weird bases are required for proper folding and operation of the tRNA. The T ψ C loop and the D-loop are needed for binding to the ribosome and for recognizing the enzyme which sticks the amino acids onto the tRNA (amino acyl tRNA synthetase).
- We still haven't told you the true 3-D structure of tRNA.
- In real life the tRNA cloverleaf is folded up further. The T_ΨC loop and D-loops are pushed together and the molecule is bent into an L-shape.









Reading Frames

The bases of mRNA are read in groups of three, starting at the 5' end. We always begin with the start codon, AUG. However, consider the following message:



We have three possible start codons (underlined). Each of these starts at a slightly different point. Each of the three leads us to take quite different groups of three bases





- The three alternatives are illustrated below where bases considered to be part of the same codon have been given the same numbers. These three possibilities are known as "reading frames".
- As there are three bases in a codon, changing the reading frame by three or (a multiple of three) gets you back to where you started.
- A stretch of RNA, beginning with a start codon, and which can therefore be translated into a protein, is known as an Open Reading Frame often abbreviated to ORF. Any messenger RNA will have several possible ORFs and we have to find the correct one.





G A A <u>A U G</u> U <u>A U G</u> C <u>A U G</u> C C A A A G G A G G C A U C U A A G G A

1 1 1 2 2 2 3 3 3 4 4 4 5 5 5 6 6 6 7 7 7 8 8 8

1 1 1 2 2 2 3 3 3 4 4 4 5 5 5 6 6 6 7 7 7 8 8 8

1 1 1 2 2 2 3 3 3 4 4 4 5 5 5 6 6 6 7 7 7 8 8 8



Messenger RNA can be Translated in more than one "Reading Frame". An overlapping triplet code that is read in three different frames. The mRNA is the same sequence in both lines but is read in a different "frame" and would lead to the synthesis of different proteins.



Getting Protein Synthesis Started

- The first codon is always AUG, which stands for the amino acid methionine. The special tRNA, the initiator tRNA will be charged with chemically tagged methionine (formyl-methionine or fmet) and will bind to the start codon.
- So all polypeptide chains begin with methionine. Sometimes the initial methionine is snipped off later, so mature proteins do not always begin with methionine.
- There are also AUG codons in the middle of a message and, consequently, methionines in the middle of proteins.

So how does the ribosome know which AUG codon to start with?

- Near the front (the 5' end) of the messenger RNA is a special sequence, the ribosome binding site is usually called Shine Dalgarno sequence or S-D sequence, after its two discoverers.
- The sequence complementary to this, the anti Shine-Dalgarno sequence is found close to the 3' end of the 16S ribosomal RNA and this causes the mRNA to bind to this mRNA.

In some cases the S-D is an exact match to the anti-S-D sequence and these mRNAs are translated efficiently. In other cases the match is poorer and translation is less efficient. The start codon is the next AUG codon after the ribosome binding site. It's that simple!





Ribosome binding site (RBS)





Initiation of Translation

Before protein synthesis starts, the two subunits of the ribosome are floating around separately. Because the 16S rRNA, with the complementary, anti-Shine Dalgarno sequence, is in the small subunit of the ribosome, the messenger RNA binds to a free small subunit.

Next the initiator tRNA, carrying fMet, recognizes the AUG start codon. You also need three proteins known as initiation factors, that help arrange all the components correctly.

Finally, the large subunit arrives, and joins its smaller partner as the initiation factors drop off. This sequence events in the initiation is shown below.

Formation of the Initiation Complex

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Elongation of a Growing protein

- After the large subunit of the ribosome has arrived, the polypeptide chain is made. The ribosome has three sites for tRNA: the E-site (Exit site), A-site (Acceptor site) and P-site (Peptide site) start with the fMet initiator tRNA in the Psite.
- Another tRNA, carrying the exact amino acid, arrives and enters the Asite. The fMet is cut loose from its tRNA and bonded to amino acid No. 2 instead. So tRNA No. 2 now carries two linked amino acids, the beginnings of our growing protein chain.







Next, another charged tRNA arrives carrying the third amino acid. In order to fit the newcomer into the A-site we must push tRNA No. 2 sideways into the P-site.

This in turn pushes the free tRNA in the P-site to the E-site. (It's rather like trying to fit three members of the circumferentially-challenged?? into the back seat of a small car!!) As the third gets in, the first one is pushed close to the opposite door.

As the peptide chain continues to grow, it is constantly cut off from the tRNA holding it (which occupies the P-peptide site) and joined instead to the newest amino acid to be brought by its tRNA into the A-site, hence the name "acceptor" site.



The Elongation Factors

- The arrival and sideways shuffling of the tRNAs on the ribosome is supervised by protein known as elongation factors.
- Both elongation factors require a supply of energy in order to move the tRNA molecule around.
- The tRNA is delivered to the ribosome and installed into the A-site by elongation factor EF-T (which is actually a pair of proteins, EF-Tu and EF-Ts).
- The second elongation factor, EF-G, oversees moving everybody sideways at the correct time.





Elongation of Polypeptide Chain



- Eventually we reach the end of the message. This is marked by a stop codon. There are three of these, UGA, UAG, and UAA.
- As no tRNA exists to read these three codons, the chain can no longer grow. Instead, proteins known as release factors read the stop signal and chop the completed polypeptide chain of the final tRNA.
- This event is so unnerving to the ribosome that it goes all to pieces and falls apart into its separate subunits. This the termination of polypeptide.





Termination of polypeptide synthesis



One Messenger RNA Can Code for Several Proteins

- In bacteria, several proteins may be encoded by the same messenger RNA. As long as each open reading frame has its own Shine-Dalgarno sequence in front of it, the ribosome will bind and start translating.
- Open reading frames that are translated into proteins are sometimes known as cistrons. mRNA which carries several of these is therefore called polycistronic mRNA.
- In higher organisms, it does not happened. Instead of a Shine-Dalgarno sequence, the front (5' end) of the messenger RNA molecule is recognized, the first open reading frame is translated.











Several Ribosomes Can Read the Same Message at Once

- Once the first ribosome has got moving, another can jump onto the same messenger RNA and travel along behind.
- In practice, several ribosomes will move along the same mRNA about a hundred bases apart.
- This structure is called a polysome (short for polyribosome).



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Coupled Translation and Transcription in Bacteria

- When mRNA is transcribed from the original DNA template, its synthesis starts at the 5' end. The mRNA is also read by the ribosome starting at the 5' end.
- What this means is that the ribosome can start translating the message before the synthesis of the messenger RNA molecule has actually been finished.





Coupled Translation and Transcription



The result is that you find partly finished mRNA, still attached to the bacterial chromosome via RNA polymerase, with a group of enthusiastic ribosomes already jumping aboard to get started.



Some Proteins Come to a Bad End

- Murphy 's Law tells us that if something can go wrong, it will. Ribosomes have their problems, too. One snag they sometimes come across is when they receive a defective messenger RNA.
- Whether the mRNA was never properly finished or whether it was mistakenly snipped short by an overenthusiastic RNA cutting enzyme, it can cause havoc.
- A ribosome that is translating a message into protein expects, sooner or later, to come across a stop codon.





- Even if an mRNA molecule comes to an abrupt end, ribosomes may only be released by release factor and this in turn needs a stop codon.
- If the mRNA is defective and there is no stop codon, a ribosome that reaches the end will just sit there forever and the ribosomes behind it will all be stalled too (ribosome pile up).
- So what do we do to free these trapped ribosomes? It turns out that bacterial cells contain a small but heroic RNA molecule that rescues stalled ribosomes.











- This was named tmRNA because it acts partly like transfer RNA and partly like messenger RNA. Like a tRNA, the tmRNA carries an amino acid, actually alanine. When it sees a stalled ribosome it binds beside the defective mRNA.
- Protein synthesis now continues, first using the alanine carried by tmRNA, and then continuing on to translate the short stretch of message (of about 10 amino acids) that is also part of the tmRNA.
- Finally, the tmRNA provides apropriate stop codon so that release factor can disassemble the ribosome and free it for its next assignment.







Ribosome Rescued by tmRNA





- But what about the protein we just made? Clearly, it too is defective.
- Shouldn't it be destroyed? The tmRNA is one step ahead of you!
- The short stretch amino acids specified by the message part of mRNA and added to the end of the defective protein acts as a signal.
- This is recognized by tail-specific protease which munches unnecessary proteins. Perhaps we should think of tmRNA as meaning "terminate me" RNA!





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